

# EXPLORING BLACK BRITISH WOMEN'S EXPERIENCES OF SKIN CONDITIONS AND APPEARANCE ADJUSTMENT

## WHAT IS THIS STUDY ABOUT?

Are you a woman of Caribbean, African, or Mixed heritage and have lived experience of a dermatological condition like vitiligo, acne, or alopecia?

If yes, we would like to discuss your experience and adjustment to these conditions. This study focuses on the Black and Mixed British population, often underrepresented in clinical research. We aim to ensure your voices are heard, expand our knowledge, and help others who are facing similar challenges.

## TO PARTICIPATE IN THIS STUDY, YOU MUST:

- Be of Caribbean/ African or Mixed heritage (Mixed Black Caribbean or African)
- Currently lives in the UK
- Identify as a woman
- 18 years old or older
- Have a visible dermatological condition (including hair conditions) which is self-reported
- Have had the skin condition for at least 12 months,
- Identify as accepting your skin condition or/and adjusting to it.

## WHAT WILL PARTICIPATION INVOLVE?

Participants will participate in a 45-60-minute interview, which can be conducted either remotely via Microsoft Teams or in person. During the interview, participants can share their personal stories about their skin conditions and their current journey of adjustment. The research is committed to understanding how Black and mixed British women cope with their skin and hair conditions. All participants will receive a £10 gift voucher as a thank you!

## HOW TO GET INVOLVED

Please click the link to access our information sheet, which provides detailed information about the study's aims and objectives. After carefully reading the online information sheet, you will receive an online consent form. Please complete this form to express your interest in participating in this study. Once the consent form is submitted, our research will contact you to arrange an interview

### CONTACT DETAILS

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